



Understanding Alzheimer's and Dementia Participant's Guide

Introduction

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| <p>Understanding Alzheimer's and Dementia</p> <p>Learning Objectives</p> <ul style="list-style-type: none">• Compare Alzheimer's and dementia.• Recognize how Alzheimer's disease affects the brain.• List the risk factors of Alzheimer's disease.• Identify the stages of the disease.• Recognize current FDA-approved treatments.• Describe how scientists are working to advance research.• Name the resources available through the Alzheimer's Association. | |
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Alzheimer's and Dementia

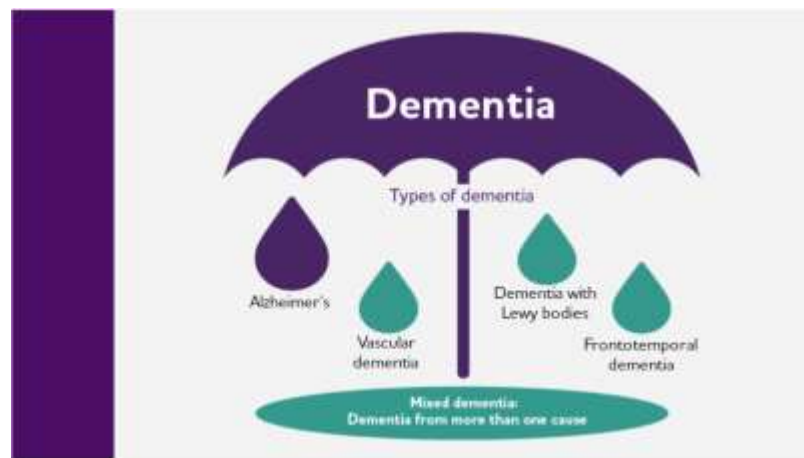
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|  <p>Alzheimer's is a normal part of the aging process.</p> <p><input type="button" value="True"/> <input type="button" value="False"/></p> <p>1 of 2</p> | |
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People younger than age 65 can get Alzheimer's.

True False


2 of 2



Alzheimer's in the Brain

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|  <p>Dr. Alois Alzheimer</p> <p>Dr. Maria Carrillo Alzheimer's Association</p> | |
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Risk Factors

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|  <p>Dr. Heather Snyder Alzheimer's Association</p> | |
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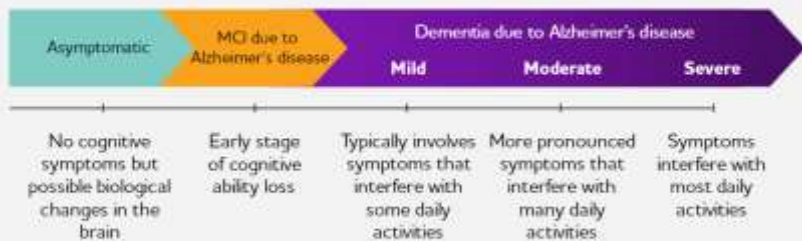


Populations at higher risk

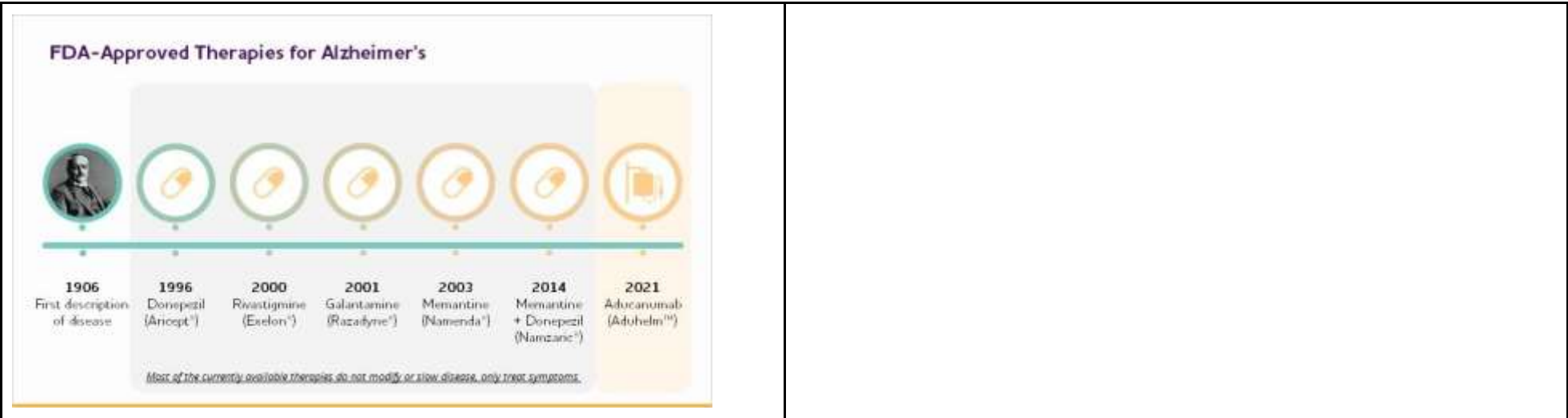
- Hispanics are about 1.5 times as likely as Whites to develop Alzheimer's and other dementias.
- African Americans are about twice as likely to develop the disease as Whites.
- Almost two-thirds of Americans with Alzheimer's are women.

Stages of Alzheimer's Disease

Alzheimer's disease is a continuum



FDA-Approved Treatments




Advancing Alzheimer's Research

- Investigating early intervention
- Exploring lifestyle factors
- Moving toward a cure
- Securing the funds


Hope for the Future

Clinical studies

TrialMatch®



Dr. Maria Carrillo
Alzheimer's Association



Alzheimer's Association

Alzheimer's Association Key Resources

We're available wherever and whenever you need reliable information and support.

- ▶ On the phone – 24/7 Helpline, 800.272.3900
- ▶ Online – alz.org
- ▶ In communities nationwide – alz.org/CRF

Alzheimer's Association Resources

- Call the **24/7 Helpline (800.272.3900)**. Care specialists and master's-level clinicians provide reliable information and support all day, every day.
- Visit **alz.org**[®], which includes free resources and up-to-date information for all those facing Alzheimer's and other dementia.
- Join **ALZConnected**[®] (**alzconnected.org**), our free online community, to connect with other caregivers or people living with dementia.
- Explore **Alzheimer's Association & AARP Community Resource Finder (alz.org/CRF)** to find dementia resources, programs and services in your area, including your local Association office.
- Assess your needs and create customized action plans with **Alzheimer's Navigator**[®] (**alzheimersnavigator.org**).
- Check out **alz.org/research** to learn more about how the Association is advancing the field of research.
- Go to **alz.org/publications** to access brochures and other resources on a variety of topics.

For people living with dementia:

- Visit **alz.org/IHaveAlz** to start learning and planning in order to live your best life today.
- Access **LiveWell Online Resources (alz.org/livewell)** for free interactive tools and personalized steps for living well with the disease.
- Take our free ***Living with Alzheimer's: For People with Alzheimer's*** workshop online at **alz.org/education** or through your local Alzheimer's Association chapter (**alz.org/CRF**).

For caregivers:

- Find support and information for all stages of the disease at **alz.org/care**.
- Visit the **alz.org/safety** for safety information, tips and resources.
- Take our free ***Living with Alzheimer's: For Caregivers*** workshop series online at **alz.org/education** or through your local Alzheimer's Association chapter (**alz.org/CRF**).

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