



Web Site: <http://www.owlsf.org>

September - October 2011

Email: owlsanfran@juno.com

OWL is the ONLY national membership organization to focus exclusively on critical issues facing women as they age. We work together to improve the status and quality of life for midlife and older women through national, state and local networks.

**OWL SF invites you to
A Ballot Round-up for the
November 8th Election**

Bring your questions!

Ranked Choice Voting

What RCV will mean for this year's mayoral election

Charter Amendments

Speakers for and against selected ballot measures

Prop. E: Amending or Repealing Legislative Initiative

Ordinances and Declarations of Policy

Proponents: Board of Supervisors

Prop. C: City Pension and Health Care Benefits

Proponents: Mayor and Board of Supervisors

Prop. D: City Pension Benefits

Proponents: Jeff Adachi and Craig Weber

Date: September 24, 2011

Time: 10 AM — Noon

Place: San Francisco Main Public Library,
Hispanic Room, lower level (Enter on Grove St.)

ALL WELCOME

HANDICAP ACCESSIBLE

**Co-sponsored by: Senior Action Network
American Association of University Women
League of Women Voters**

Older Women's League * 870 Market Street, #905, San Francisco, Ca. 94102

Phone 415-989-4422 * Web site: www.owlsf.org

PRESIDENT'S MESSAGE

The newsletter editor gave me a day's extension after her deadline, so I could write this on August 26, Women's Equality Day. As most of you know, it commemorates the day when women first got the right to vote 91 years ago, and today it is a reminder of women's rights (or lack thereof).

I wanted to reflect on women's rights, which are increasingly under attack, as well as how the right to vote was won. The women who helped win the vote did not do it by being passive. Most of us have seen the documentary of women who fought for voting rights, the excellent "Iron Jawed Angels" (the OWL office has a CD to loan, if you haven't) or read reminders of the struggle in books or on the internet.

Political conservatives talk a good line and even feature prominently a few women stars. Less obvious is the real attack on women; women are the biggest losers in Social Security cuts, Medicaid cuts, and Medicare cuts. Women depend on each of these programs more than men, and they make up a higher number of recipients. The financial downturn has affected women more than men; women also have recovered jobs at an even slower pace than men.

Not only do many proposed deficit reduction plans hurt women, we still haven't managed to get equal pay or the Paycheck Fairness Act passed, not to mention the Equal Rights Act. Women are seriously underrepresented in Congress; it has been speculated that this has had an effect on these issues.

And the assault on women's right to choose and reproductive rights is stunning. Apparently women are not considered capable of deciding about their own reproductive choices. Not only is the right to abortion being challenged, but many would challenge the right of women to use family planning and contraceptives. Our chapter has joined the "Silver Ribbon-Trust Women" campaign. There is more about this in this newsletter, in your email inbox, and at www.oursilverribbon.org

The point of this letter is not to convince you that women are losing ground, not even holding steady---that is indisputable. The point is that we will continue to lose rights for women and their families if we don't fight back aggressively.

I really dislike using all these "war-like" terms, but this is a war, not declared by us.

If we don't defend our rights, apparently we'll lose them. I truly believe we have a moral obligation, and I hope more of us will respond to that obligation.

—*Kathie Piccagli*

Rideshare anyone?

We know that some OWL members would like to attend our monthly programs but do not want to drive or use MUNI to attend. We wonder if you would participate in our very own RIDESHARE program where a few OWL members would provide transportation to members in their neighborhood to attend our programs. Please call the office or email if you are interested.

—*Amy Hittner*

Kathie Piccagli, President
Maxine Anderson
Melanie Grossman
Amy Hittner
Glenda Hope
Jonee Levy
Margaret Lew

Nan McGuire
Sheila Malkind
Juliet Rothman
Ruth Strassner
Allyson Washburn

Newsletter
Margaret Lew, Editor
Carole Isaacs, Assistant Editor

SF OWL Board meetings: first
Monday of the month, 4:00-6:00 pm,
870 Market St.
Phone: (415) 989-4422
Email: owlsanfran@juno.com
Web: www.owlsf.org
Mail: 870 Market St., Room 905,
San Francisco, CA 94102

Happy Birthday Social Security

On August 17th, Social Security celebrated its 76th birthday. To commemorate this event a rally was held in front of the offices of Senator Diane Feinstein. Why single out the Senator you may ask? She has not been as strong on protecting Social Security as we would like her to be and this gathering was to let her know that we are concerned.



Sheila Malkind at the birthday rally. Photo by Obo Help.

If you doubt the above, on the day of the rally the small group of people who had been told in advance they would be able to go up to her office to meet with her staff and present materials, were not allowed past the first level of the building. A young staffer (probably an intern) came down and collected the materials that we had brought for the presentation – mostly stories about the value of Social Security – which the Senator had requested. Needless to say this was very disappointing, and in the opinion of this writer, not a wise decision on her part.

The rally program was sponsored by the California Association of Retired Americans (CARA). Groups represented in addition to OWL were: Senior Action Network (SAN), SF Labor Council, United Educators of SF (school district union representing teachers), and the Gray Panthers.

We sang Happy Birthday to Social Security and other rousing songs and ate chocolate cupcakes with red, white and blue frosting. We hope the message of the importance of Social Security got through to Sen. Feinstein and we hope that next time more of you will join us. Of our 125 member group, I sighted only eight, or possibly nine OWLs!

—*Nan McGuire*



Nan McGuire and Evelyn Wong rally for Social Security. Photo by Sheila Malkind.

Thank you, Donors! Mid-Year Appeal Results

A warm thank you to all who contributed to our Mid-Year Appeal. It was very successful this year; we received over \$3,708 from 41 generous donors. This represents \$458 more than last year. Thank you to:

**Mattie Alperton
Maxine Anderson
Eva Auchincloss
Rosemary Bacy
Els Boesten
Lucia Brandon
Muriel Brotsky
Shirley Costello
Carroll Estes
Joyce Friedman
Gloria Garcia
Eleanor Gettman
Judy Goddess
Melanie Grossman
Barbara Harvie
Amy Hittner
Lorraine Honig
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Jonee Levy
Constance Marvin
Nan McGuire**

**Sherrie Matza
Marjorie Miller
Chana Orner
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Marcia Soffer
Rita Stack
Ruth Strassner
Susan Sunderland
Jane Swinerton
Diana Taylor
Mary Twomey
Allyson Washburn
Mary Wikstrom
Eleanor Zuckerman**

And **special thanks** to the following who each contributed over \$100:

**Shirley Costello
Carroll Estes
Melanie Grossman
Amy Hittner**

**Lorraine Honig
Nan McGuire
Kathie Piccagli**

WELCOME NEW MEMBERS!

**Robin Brasso
Roma Guy
Dolores Casey Kepplin
Phyllis Spandorf**

Political Advocacy Committee Report

The Political Advocacy Committee has been meeting monthly since June, covering numerous issues on the national, state and local levels. Preserving Social Security and Medicare has been the main focus on the national level. The Committee voted to make the Social Security Rally on August 17th telling Senator's Feinstein's to "Stand up for Social Security!" into an August membership event, with phone calls to all members to attend the rally and gather for a brown bag lunch at Yerba Buena Park afterwards.

The Committee is working hard on the September 24th membership meeting: "Ballot Round-up for November 2011 Elections." The meeting will be held from 10 AM until Noon in the Hispanic Room at the Main SF Library (see accompanying article for complete information.)

The proposed expansion of the California Pacific Medical Center on Van Ness Ave. has also been on the Committee's agenda. An OWL position paper is being developed and will be sent to the Board of Supervisors and the Planning Commission to inform them of where OWL stands on the proposed new hospital and changes to other CPMC campuses. The position paper focuses on the following issues:

City-wide access to healthcare

Affordability of healthcare for all SF residents including "charity care" and Medi-Cal recipients

Housing Impacts of the proposed new hospital

Transportation and traffic of new construction

Quality of life and the environment

Since the CPMC development plan will affect all SF residents, including older women, OWL recommends that city actions to approve CPMC applications be delayed until 2013 when the Healthcare Master Plan is available to guide official decisions. The master plan requires the Dept. of Public Health to conduct an assessment of healthcare need and to develop a "determination of consistency" to advise the Planning Commission and Board of Supervisors on land use related to health care facilities. Such a delay will give added time to work out housing, transportation, quality of life and environmental concerns affecting specific neighborhoods (Tenderloin, Polk St., Civic Center, Cathedral Hill, and Japantown) where many older people reside. Of added concern are changes to St. Luke's Hospital, which serve the Mission and Bayview Hunters Point neighborhoods. The PA Committee would like to see St. Luke's remain as a full service hospital and supports the proposal to establish a Center of Excellence in Senior Health there.

Finally, in June and July there has been an ongoing discussion about developing a "Signature Issue" that is specific to OWL's membership. Some interesting issues have been considered include women's health, promoting civic and social "connectiveness," protesting cuts affecting older people and supporting ideas for raising revenue. These are only a few of the ideas proposed and the committee invites the entire membership to join in the discussion over the next few months.

—*Melanie Grossman*

All Women's Issues Were Not Resolved In 1920

All Women Activists Are Not Wild-Eyed Radicals

Women's Health Care Is Not Adequately Covered

Women's Economic Security Is Not Based On The Charity Of Men

Everything You Need To Know About "The System" Was Not Taught In School

September Membership Meeting: Ballot Round-up for November 2011 Elections

For the second year in a row, OWL's Program Committee and Political Advocacy Committee will be presenting a program to prepare its members for the November elections. With this year's jam-packed mayoral election, we could all use a brush-up on Ranked Choice Voting. Passed in 2002 by the voters as an amendment to the City Charter, Ranked Choice Voting can still be confusing to some of us. To make sure that we make the most of our vote for Mayor this year, the Department of Elections will present a short program on Ranked Choice Voting, followed by comments from invited speaker Eileen Hansen. There will be a question and answer period before going on to the Ballot Measures.

Selecting ballot measures was challenging this year because many measures were withdrawn at the 11th hour. Still there are plenty of interesting issues to discuss.

First up will be Proposition E, "Amending Repealing Legislative Initiative Ordinances and Declarations of Policy." This proposition will allow initiatives placed on the ballot by the Board of Supervisors or the Mayor and approved by the voters after 2012 to be amended or repealed under certain circumstances. Supervisor Scott Wiener will speak "for" and Eileen Hansen will speak "against" this amendment. Speakers will then take questions from the floor.

Next will be speakers "for" the City retirement amendments, Propositions C, the City Retirement and Health Care Benefits Amendment put forward by Mayor Lee and D, the Retirement Benefits for City Employees Amendment, put forward by Jeff Adachi. There will an "against" speaker addressing both retirement amendments.

Co-sponsors for this years ballot measures meeting are Senior Action Network, the American Association of University Women, and the League of Women Voters. The meeting will be held on Sept. 24, from 10 am to noon at the Main Library's Hispanic Room, 100 Larkin Street at the Civic Center. Refreshments will be served. This meeting will be open to the public and is handicapped accessible.

—*Melanie Grossman*

Save the Date! OWL October Member Meeting: Saturday in the Park with Nan

It's a picnic! To celebrate San Francisco's fine Fall weather and urban open spaces OWL will gather in Michelangelo Playground Park on Russian Hill for a picnic on October 22nd. Join us to enjoy the park and learn about its history from OWL Nan Mcguire, chair of the Friends of Michelangelo, creators of the park, who will be our docent for the day.

When: October 22nd
Time: 11:30am to 1:30pm
Where: Michelangelo Playground Park
Greenwich Street between Jones and
Leavenworth

Bring a brown bag lunch
Drinks and dessert will be provided by OWL

Volunteers Needed

OWL SF is looking for volunteers to write letters – regular mail or e-mail – in support of OWL's positions and agenda. We want to develop a list of letter writers ready and willing to write letters on specific issues.

Even if you cannot get to meetings or rallies this is an opportunity to be actively involved without leaving your home. OWL will help by suggesting the persons to write to and will provide you with a fact sheet or talking points to help you focus on the message. The impact of the letters will be stronger because they will be messages in your own words. Now for example, we need letters to Senator Feinstein telling her to hold fast on Social Security and Medicare with no compromise on these two issues.

Want to participate? Contact the OWL
office: (415) 989-4422, owlsanfran@juno.com



Draft OWL Position Statement on California Pacific Medical Center Development Plan

The following Summary of CPMC issues of interest to OWL members is a working draft and presented for your information and comment:

City Wide Access to Health Care: Equitable distribution of health care services around the city is important for the OWL membership. Concentration of services in one large hospital in an area close to other SF hospitals does not create equal access. To promote first-rate care to older patients and minority neighborhood groups, OWL supports implementation of recommendations of St. Luke's Blue Ribbon Panel, including a full service St. Luke's with Centers of Excellence in Community and Senior Health.

Affordable Health Care: CPMC must offer the same percentage of "charity care" and treatment of Medi-Cal patients as other non-profit hospitals in San Francisco. CPMC should expand access to affordable primary care, chronic care and prevention in neighborhoods surrounding the Cathedral Hill, St. Luke's and other campuses.

Housing: Housing is an important issue for OWL. The existing Van Ness Area Plan and Mayor's requests calls for replacement of housing lost due to construction. As a show of good faith to surrounding communities and to the CPMC work force, added housing should be developed, including housing affordable to working and low-income families.

Transportation and Traffic Impacts: The proposed Cathedral Hill campus sits at the confluence of major transportation corridors including Van Ness, Geary, Franklin, Post and Sutter. The Tenderloin and Highway 101 are already congested. Planned large parking facilities will add to traffic and poor air quality. Six already crowded Muni lines operating

within one block of the proposed complex are often used by older people. Pedestrian safety, especially for older citizens needing added time for street crossing, is of added concern.

Quality of Life/Environment: The proposed CPMC plans violate mandates previously established by the Van Ness Area Plan and the Van Ness Special Use District. These include preservation and adaptive reuse of historic buildings, height limits on new construction, limiting development adding to traffic and protecting existing commercial uses, especially those linked to housing. Safety and preventing disruption and gentrification of existing neighborhoods (Tenderloin, Polk St., Civic Center, Cathedral Hill, and Japantown) where many older people reside is important to OWL membership.

Whereas: The CPMC development plan will affect all SF residents, including older women, OWL recommends that city actions to approve CPMC applications be delayed until 2013 when the Healthcare Master Plan is available to guide official decisions. This legislation requires the Dept. of Public Health to conduct an assessment of health care need and to develop a "determination of consistency" to advise the Planning Commission and Board of Supervisors on land use related to health care facilities. Such a delay will give added time to work out housing, transportation, quality of life and other concerns.

—*Melanie Grossman*

An Organization Chart for OWL-SF

The OWL Board is reviewing the organization and policies of the chapter. This draft chart prepared by Juliet Rothman and amended by the Board is still a work in progress.

President

Kathie Piccagli

Vice Presidents

Amy Hittner

Sheila Malkind

Current Committees:

Membership & Development

Nan McGuire

Public Relations

Sheila Malkind

Programs

Amy Hittner

Political Advocacy

Melanie Grossman

Communications

Margaret Lew

Suggested Additional Committees:

Peer Groups • Volunteers • Office Coordinator

Why not a gift membership in OWL San Francisco!

Annual dues of \$50 are recommended. For those unable to pay the recommended amount OWL has established a sliding scale for annual dues from \$50 to \$5.

Just send your check for dues to:

OWL SF,

870 Market St., Room 905, San Francisco, CA 94102

Include your friend's name, address and (if you have them) phone number and email address. OWL will send her a welcoming letter and a brochure!

PEER GROUPS

The Northeast Quadrant Peer Group this month met at the Ferry Building and rode the Ferry to Sausalito on an incredibly balmy San Francisco day. Melanie Grossman, Sally Saunders, Margaret Lerian, Carole Isaacs, Jonee Levy, Marti Maricel engaged in a lively discussion about where to have lunch, and after investigating a few spots ended at the Spinnaker Restaurant.

You know what they say about food and view. We went for the view; we have the food in San Francisco.

I had to leave early and thought I would take the bus back to the city, but just missed it by a few minutes. Not wanting to wait an hour I hopped in a cab. The driver heard my story and suggested I take the commuter bus at a stop just before the Golden Gate Bridge. In a few minutes he drove me there, and in another few minutes I was on the bus. My new Clipper Card came in handy, because I used it boarding the bus, and did not have to worry about how much it cost, or if I had the correct change.

September peer group outing is being coordinated by Marica Sprinkle and will be a tour of the newly renovated 100 year old Chinatown YMCA followed by tea and cookies at a nearby restaurant. The meet time is 2pm. Date: September 19.

—*Carole Isaacs*

We usually meet on the third Monday of the month from 4 to 6 pm. For anyone wanting to join us in contact either Nan McGuire, nanmc@jimstevens.com, or Jonee Levy jonee.levy@gmail.com.



Above: Carole Isaacs and Melanie Grossman
Below: Sausalito. Photos by Jonee Levy



Annual Summer Potluck Party A Delicious Success



At the annual July Potluck party. Photo by Evelyn Levin

Mattie Alperton was gracious hostess to more than 20 OWLs at our annual potluck party on July 23rd. The guests enjoyed a tour of Mattie's home, a veritable gallery of delightful collections, and looked for a bit of summer sun in her pretty flower filled garden. The food was delicious, from appetizers to desserts, and the conversations were lively. Thanks to all who brought the tasty dishes and especially to Mattie whose hospitality provided us the perfect place to enjoy it all.

—*Margaret Lew*



At the Potluck, conversation and a bounty of good food. Photos by Margaret Lew.

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In My Opinion . . .

I have a problem...not a BIG problem, but a problem nonetheless.



In a world where we see increased violence and fear in our children's lives, why does Halloween continue to have a strong focus on horror stories, haunted houses and scary costumes? It seems to me that zombies, killers and other blood thirsty critters from horror movies are the costumes of the day.

History tells us that Celtic immigrants brought Halloween to America; it didn't take root until the mass Irish immigrations in the 1840s. German fear of witches who spread mischief added to the folklore and Jack-O-Lanterns came along as a way to commemorate the souls in purgatory. The word Halloween comes from All Hallows Eve, which is the night before All Hallows Day when families honor all the Saints. Over time, that word slowly became Halloween. Trick or treating goes back to the Middle Ages with the practice of "souling" when the poor would go from door-to-door on November 2nd, All Souls Day, to get food in return for prayers for the dead. The practice of dressing up goes back to the Celt's trying to ward off evil spirits.

When I was a kid, we dressed up and went trick-or-treating in our apartment building, then as we grew older, went to parties complete with ducking for apples and showing off our costumes. I grew up in a safe community and walked to and from school with no problem. I remember being frightened by one particular movie and making my mother stay in my bedroom with my brother and me until we fell asleep. Remember the movie Meet Me in St. Louis when the youngest daughter, played by Margaret O'Brian, is terrified by the costumed boys on Halloween night?

I have not yet figured out what positive comes from frightening people for entertainment. Any thoughts?
—*Amy Hittner*

P.S. Why is it called TRICK OR TREAT?
Shouldn't it be Treat or Treat? That is what it really is, right?

Do you have something to say?

Write to the editors at: mclew@pacbell.net, callingcarole@gmail.com or c/o the OWL office, 870 Market Street #805, San Francisco, CA 94102.



Real Estate News and Green Living Water Heater Bracing May Save Your Home in an Earthquake

You've probably never heard of the American Society of Home Inspectors, or knew there was a Golden Gate Chapter (GGASHI). They recently conducted a two-month survey of residential water heaters in the San Francisco Bay Area and found that "over half of water heaters observed were not adequately strapped or braced." There can be serious consequences if your water heater falls over, and a gas pipe breaks or leaks, due to a major earthquake.

I always recommend a contractor's inspection as part of the buyer's due diligence and contingencies in a purchase contract when buying a home. Your inspection will also check the water heater for bracing. Listen closely to the inspector's comments and ask if there's anything you can do to upgrade the current bracing.

During an earthquake, an upright water heater will do two things:

Prevent fire

Provide access to water if your neighborhood's is shut off

Visit the SF Bay Window website for more information on water heater bracing. <http://www.ggashi.com/>

—*Carole Isaacs*

Sales Associate

McGuire Real Estate

DRE 01714833

cell (415)608-1267 anytime

Thoughts

A young man working on a master's thesis on homelessness asked everyone at the shelter to write down their thoughts -- on anything. The following was written by Dorothy Berry, a homeless woman, who agreed to let me use her name.

"I love life and people. This attitude gives me the quality of mind to endure adversity, pain and misfortune with fortitude. I have made a spiritual investment in humanity and am committed to uplift the social, intellectual and moral status of mankind."

Heard one night while working as a volunteer at a Chicago women's homeless shelter.

—*Sheila Malkind*

Trust Women Silver Ribbon Campaign

The San Francisco Older Women's League has become a partner in the Trust Women/Silver Ribbon Campaign, which aims to increase the voice and visibility of the pro-choice majority.



What It's All About:

The opponents of reproductive health care and women's rights claim they speak for America. They do not. We are the majority - we who support reproductive rights and justice and trust women. It's time to express the true voices of America. It's time to come together and show our strength and numbers. We need to stand by each other and claim our rights to the legal health care to which we're entitled.

The silver ribbon represents science over ideology. We who proudly wear it:

- support reproductive rights
- support free access to birth control
- support keeping abortion legal and accessible

We can take these easy steps to join this growing visibility campaign for choice:

Wear a silver ribbon pin or keychain to show that you trust women, to purchase one or donate to the campaign go to the website: www.oursilverribbon.org Spread the word now and take action for reproductive rights. Check the website for action items from partner organizations. Visit the Trust Women/Silver Ribbon Campaign web site:

<http://www.oursilverribbon.org>

A Roundtable on Women's Economic Justice and Security

On September 13th from 6:30 to 9:30pm, Rose Aguilar, host of Your Call on KALW 91.7 FM, will moderate a discussion about women's economic justice and security followed by a Q&A at the Lorraine Hansberry Theatre Union Square, 450 Post Street, San Francisco.

Panel members confirmed so far include: Ethel Long-Scott, Executive Director of the The Women's Economic Agenda Project; Arcelia Hurtado, Executive Director of Equal Rights Advocates; and Jean Shinoda Bolen, Chair of the 5th World Conference on Women Organizing Committee.

Join with Bay Area activists and organizations at the Community Roundtable on September 13 to help frame the issue of Economic Justice and Security for all women. Registration: \$35 Public, \$20 WIN and CAWA members, \$10 Students. No one will be turned away. For information and registration e-mail the Women's International Network: win@win-cawa.org

Calendar

For a complete and current listing see the OWL website: www.owlsf.org (click Calendar)

August 29 Monday — **OWL Board Meeting**, 870 Market (*check OWL office for room*), 4:00-6:00pm

September 8 Thursday — Endorsement Night for Mayoral, D.A. & Sheriff candidates, First Unitarian Church
1187 Franklin, 6:30-9:00pm, San Francisco Democratic Women in Action Club,

September 13 Tuesday — A Roundtable on Women's Economic Justice and Security, 6:30-9:30pm
(*see details this page, above*)

September 19 Monday — **Northeast Quadrant Peer Group Meeting**, 2:00pm (*see page 7 for details*)

September 24 Saturday — **OWL General Meeting**, San Francisco Main Library, 10am-Noon, A Ballot
Roundup for the November 8th Election (*see cover page for location and program details*)

October 3 Monday — **OWL Board Meeting**, 870 Market (*check OWL office for room*), 4:00-6:00pm

October 22 Saturday — **OWL General Meeting**, Michelangelo Playground Park, Russian Hill 11:30am-
1:30pm (*see page 5 for details*)

YES! I WANT TO JOIN OWL!

NAME: _____

ADDRESS: _____

City State ZIP

TELEPHONE: _____

E-MAIL: _____

Annual dues of \$50 are recommended: half this amount goes to OWL-National, \$10 goes to OWL-CA, and \$15 are retained by the chapter. When you pay dues to the San Francisco Chapter, you automatically become a member at all levels –National, California and San Francisco. (If you are unable to pay the recommended amount, OWL has established a sliding fee scale from \$50 –\$5.) Members receive SF OWL bimonthly, OWL CA quarterly and National OWL Observer quarterly newsletters.

Make a check out to and mail to:
OWL, SF Chapter
870 Market Street, Room 905
San Francisco, CA 94102

OWL
San Francisco Chapter
870 Market Street, #905
San Francisco, CA 94102

The Founding of OWL

OWL was born in 1980 in Des Moines, Iowa, during one of the pre-conferences held around the county in preparation for the third White House Conference on Aging, which was held in 1981 in Washington, DC. At the pre-conference in Des Moines, TISH SOMMERS noted that little attention was being paid to the ways in which aging was different for women. She called for a special “ad hoc” meeting to discuss this concern. OWL has been a voice for the special concerns of midlife and older women ever since.

Comments or questions? Please contact the SF OWL Office at (415) 989-4422; FAX: (415) 989-4050; e-mail: owlsanfran@juno.com
Office hours: Monday 12:00 noon to 2:30 p.m.

The date on your mailing label is the date your membership expires.